

## Developing yourself and others through self-managed learning

### INTRODUCTION

This course helps to guide you to analyse your own and other members of your team's development needs and learning styles. You will start to think and decide how you will plan to meet these development needs, what support mechanisms are available and how the development can be monitored for future progress within the workplace.

### COURSE OBJECTIVES

- By the end of the course, delegates will:
- Know how to identify development needs
- Understand personal SWOT analysis
- Identify key learning styles
- Identify barriers and how to overcome them

**COURSE DURATION:** 1 Day Course

Equivalent to ILM Level 3 unit  
Value of 2 credits



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### COURSE CONTENTS

Identifying learning styles

Developmental needs of yourself and members of the team

Barriers to learning and how to overcome them

Analysing learning and development options to meet needs of self and other team members

Identifying support mechanisms for the development of self and other team members

Using outcomes of SWOT & PESTLE analyses against simple training techniques

Development plans including timescale and recourse implications

How to compile logs and records of activities with methods to plan and monitor learning and how to review and evaluate progress

#### Personal Development Action Plan

*Throughout this course there will be a number of practical exercises carried out which will enable delegates to put into practice most of the theory covered*

