

Inspire with the power of your voice when presenting

INTRODUCTION

A great many people worry about how they speak and sound. This one day course will enable delegates to speak with impact and clarity, which in turn increases confidence and relaxes the speaker.

COURSE OBJECTIVES

By the end of the course, delegates will have:

- **Practised** vocal techniques to create impact and clarity
- **Reviewed** methods of calming nerves and utilising the energy in their voice
- **Practised** enriching their voice with colour and vitality
- **Identified** key words which persuade the audience to listen
- **Examined** body language to display self-assurance
- **Practised** speaking within the group
- **Received** individual coaching and feedback

COURSE DURATION: 1 Day Course

COURSE CONTENTS

Introductions

Developing your voice

Breathing
Exercises to develop your voice

Using your voice

Tone
Emphasis
Rate, pitch and emotion
Clarity

Getting your message across clearly

Reduce rambling and unfocused speech
Emphasis, rate and emotion
Utilising key words to sell your ideas
Use of silence and timing
Articulation

Confidence and Body Language

Personal Development Action Plan

This course is highly practical and interactive, we also use video camera/audio equipment, as required.

www.oaktree-training.co.uk

