

Personal Impact

INTRODUCTION

You never have a second chance to make a first impression. How you enter a room, come across, shake hands, dress or express yourself can significantly affect how you influence or convince others.

Discover your power to make a lasting impression, by getting your message across, and creating the right personal chemistry with your audience, whether it is with one person or a small group.

Ideal for anyone needing to practice and develop their effectiveness in informal, small groups and one-to-one situations.

Intensive rehearsal at building rapid and effective relationships, maximising personal impact and conveying clear, persuasive face-to-face-messages.

COURSE DURATION: 1 Day Course

www.oaktree-training.co.uk

COURSE CONTENTS

Learn to:

- Assess the effect of your appearance
- Use and be more aware of body language
- Understand how best to use your own communication style
- Clarify and deliver your message
- End encounters positively

Feel:

- Better equipped to handle small group situations
- More alert to what happens in a small group
- Ready to convey both confidence and conviction
- More sensitive to others and their communication needs

Be more able to:

- Convey quality in your personal message
- Give effective briefings
- Chair or participate in meetings
- Deal with business and social occasions
- Create personal chemistry and rapport

Develop a Personal Development Action Plan

